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## NNBR 10 mile Race Handicap Race 15th July 2010

	First Name	Last Name	EST-TIME	ACTUAL TIME	DIFFERENCE
1	Lesley	Hennessey	02:00:00	01:56:08	00:03:52
2	Andrea	Osbourne	01:37:00	01:36:15	00:00:45
3	Rob	Osbourne	01:27:00	01:26:38	00:00:22
4	Jamie	Seamark	01:02:00	01:01:53	00:00:07
5	Ian	Wade	01:15:30	01:16:26	00:00:56
6	Michael	Foulkes	01:03:00	01:04:05	00:01:05
7	Johnathan	Folkard	01:35:00	01:36:57	00:01:57
8	Jim	Hayes	01:08:30	01:10:31	00:02:01
9	Lisa	Ward	01:30:00	01:32:38	00:02:38
10	Colin	Stark	01:04:30	01:07:12	00:02:42
11	Darren	Neale	01:04:30	01:07:36	00:03:06
12	Vinnie	Purdy	01:08:00	01:11:29	00:03:29
13	Richard	Price-Thomas	01:04:00	01:08:07	00:04:07
14	Chris	Merrylees	01:02:00	01:06:35	00:04:35
15	Quinton	Brown	01:04:00	01:08:53	00:04:53
16	Noel	Spruce	01:19:00	01:24:24	00:05:24
17	Matthew	Parfitt	01:15:30	01:23:36	00:08:06
18	John	Christopher	01:05:00	01:13:29	00:08:29
19	Nicky	Alford	01:05:00	01:13:29	00:08:29
20	Michael	Sadler	01:05:00	01:15:45	00:10:45
21	Anna	Latta	01:54:00	02:17:56	00:23:56

MPM	MPH
00:11:37	5.17
00:09:37	6.23
00:08:40	6.93
00:06:11	9.70
00:07:39	7.85
00:06:24	9.36
00:09:42	6.19
00:07:03	8.51
00:09:16	6.48
00:06:43	8.93
00:06:46	8.88
00:07:09	8.39
00:06:49	8.81
00:06:39	9.01
00:06:53	8.71
00:08:26	7.11
00:08:22	7.18
00:07:21	8.17
00:07:21	8.17
00:07:34	7.92
00:13:48	4.35