

NORTH NORFOLK BEACH RUNNERS

APPLICATION FOR MEMBERSHIP

(NAME IN BLOCK CAPITALS) I.....

wish to become a member of the NORTH NORFOLK BEACH RUNNERS for the year **May 2008 to April 2009**. I agree to abide by the Rules of the Club. I declare that I am still an amateur according to the definition below:

“An amateur is a person who abides by the eligibility rules of the UK Athletics”

MEDICAL INFORMATION: Please be advised that should you be aware of any medical condition which might become an issue during your running activities, you should carry all relevant information which might be useful if you require medical or other assistance. You should also inform the club coach and the secretary [to be treated in strict confidence] of any condition which you are aware of and which may be exacerbated by an inappropriate training regime

I am responsible for my own medical well being.

Signed..... Date.....

Title.....Name in full (BLOCK LETTERS).....

**Address (BLOCK LETTERS).....

Tel No..... Mobile..... Post Code.....

**E Mail Address (if any).....

County of Birth..... Date of Birth.....

I am / am not a first /second claim member of another UK Athletics or ARC Affiliated Athletic Club (Please delete as appropriate)

Name of other UK Athletics or ARC Affiliated Athletic Club (if any).....

Proposed by

NameSignature.....Date.....

Seconded by.....

Name.....Signature.....Date.....

MEMBERSHIP FEES:

Senior £15, Retired £10, 2nd Claim £10, Student / Unemployed £5, Non Running Member £5.

On completion please return this form together with your membership fee to the Club Secretary:

(Please make cheques payable to: NORTH NORFOLK BEACH RUNNERS)

MEMBERSHIP FEE ENCLOSED £.....

****Note: Please indicate below if you**

a) wish your address to be included in a club members contact list. YES/NO

b) wish your telephone number(s) to be included in a club members contact list YES/NO

c) wish your E Mail address to be included in a club members contact list YES/NO

[All personal details will remain confidential unless authorised as above in a,b,c, release of any other information (eg team club entry forms) by written authorisation.] **Please complete overleaf**

NNBR Membership Form 1/4/07

Record of Performance

Name	Forename	Surname	M / F	Age at 1 st April 2007
Principal Interests [Circle]		Road Running	Cross Country	
		Times/Venue		Times/Venue
Best Performances	5k		10k	
2000 - 2006	10m		½ Marathon	
	Marathon		5m	

Best Performances	5k		10k	
1990 - 1999	10m		½ Marathon	
	Marathon		5m	

Best Performances	5k		10k	
Before 1990	10m		½ Marathon	
	Marathon		5m	

Please Note: The information requested is for Club History. If you do not know the venue or time for specific performances put N K {not known}.