North Norfolk Beach Runners 2016 Boxing Day Dip

The proceeds from this year's Dip are for the RNLI (Cromer) in memory of Tony West who lost his battle with cancer just a few weeks ago. The person named below is taking part in the Dip so please give generously to support this worthy cause.

Lifeboats

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Gift Aid: *(Make your donation worth more. Please note, you must be a taxpayer paying more tax than the amount we reclaim in order for us to claim Gift Aid from your sponsorship)*

Name	**Address**	**Postcode** (essential for Gift Aid)	**Amount**	**Gift Aid** (please tick)	**Tick if Paid**

Would all participants arrange for the collection of sponsor money as soon as possible after the Dip and deliver it to either the Cromer or Sheringham Office of **ARNOLDS KEYS Estate Agents**

Cheques payable to North Norfolk Beach Runners**. Thank you for your support**