

Position	Name	Time	From/Club	1 Lap	M/F	Age	
1	Sam Cooper	8.45	North Norfolk Harriers	1	M	14	1st Male 1 Lap
2	Thomas O'Reilly	8.59	Herts	1	M	13	
3	Dylan White	9.06	Conac	1	M	10	
4	Holly Lathwell	9.14	Luton AC	1	F	11	1st Female 1 Lap
5	Georgia Pegg	9.31	North Norfolk Harriers	1	F	11	
6	Alex Parsons	9.47	Gloucester	1	M	13	
7	Edward Jonas	9.49	East Runton	1	M	14	
8	Ruben Xuereb	10.01	North Norfolk Harriers	1	M	9	
9	Taylor Gooding	10.35	Braintree AC	1	F	10	
10	Ellis Watts	10.40	Kettering Harriers	1	M	10	
11	Mia Watts	10.55	Kettering Harriers	1	F	12	
12	Ruby Howe	11.09	Northants	1	F	12	
13	Esme Jonas	11.15	North Norfolk Harriers	1	F	10	
14	Isobelle Holroyd	11.30	Aldborough	1	F	16	
15	Mandy Jonas	11.35	East Runton	1	F	44	
16	Toby Neale	11.47	North Norfolk Harriers	1	M	8	
17	Amy McDonnell	12.12	London	1	F	30	
18	Leah Banning	12.18	Cromer	1	F	12	
19	Kathryn Ball	12.18	Luton	1	F	39	
20	Shauna McDonagh	12.30	Cambridge	1	F	10	
21	Daniel Grimmer	12.38	Kings Lynn	1	M	10	
22	Conor Rickard	12.41	Peterborough	1	M	9	
23	Noah McLean	12.41	Peterborough	1	M	9	
24	Dylan Atkins	12.45	Leicester	1	M	16	
25	Daniel Church	12.52	Stowmarket	1	M	9	
26	James English	12.58	Leicester	1	M	10	
27	Thomas Grimmer	13.02	Kings Lynn	1	M	12	
28	Lucy Gammon	13.06	Reigate	1	F	38	
29	Isobelle Cooper	13.18	North Norfolk Harriers	1	F	11	
30	Lucy Durrant	13.25	Longdale Striders	1	F	12	
31	Neve Farrant	13.28	Ipswich	1	F	10	
32	Ethan Farrant	13.39	Ipswich	1	M	8	
33	Erin Holroyd	13.39	Aldborough	1	F	21	
34	Kieran McDonagh	13.39	Cambridge	1	M	6	
35	James Allsop	13.39	Overstrand	1	M	8	
36	Jordan White	13.39	Sheffield	1	M	20	
37	Alice English	13.41	Leicester	1	F	15	
38	Sam Nicholson	13.41	Hertfordshire	1	M	15	
39	Ada Robinson	13.55	Melton	1	F	6	
40	Carl Robinson	13.57	Melton	1	M	37	
41	Chrissy Thurtell	14.05	Saxthorpe	1	F	32	
42	Simon Jones	14.10	Swaffham	1	M	37	
43	Katie Gamman	14.15	Reigate	1	F	7	
44	Harry Ricard	14.16	Peterborough	1	M	6	
45	Neil Ricard	14.16	Peterborough	1	M	44	
46	Attia Lan	14.36	Sheringham	1	F	9	
47	Ethan Neale	14.44	North Norfolk Harriers	1	M	6	
48	Lisa Guest	14.46	Gerc	1	F	45	
49	Emily O'Neill	14.46	Stalham	1	F	10	
50	Rhian Leveridge	14.46	Wymondham	1	F	14	
51	Chris Lathwell	14.52	Luton AC	1	M	12	
52	Imogen Sharp	14.52	Sheringham	1	F	7	
53	Finley Ellis	14.55	Hampshire	1	M	6	
54	Finlay Britton	15.01	Peterborough	1	M	12	
55	Adrian Ellis	15.12	Hampshire	1	M	47	
56	Jasmine Sharp	15.12	Sheringham	1	F	9	
57	Charlotte Neale	15.25	NNBR	1	F	31	
58	Luke Ward	15.26	Roughton	1	M	11	
59	Nicole Simpson	15.37	Sutton Courteney	1	F	13	
60	Elizabeth Gamman	15.54	Reigate	1	F	9	
61	Sienna Dickens	15.56	NNBR	1	F	8	
62	Caroline Dickens	15.58	NNBR	1	F	36	
63	Devin O'Neill	15.58	Stalham	1	M	42	
64	Joseph Leveridge	16.13	Wymondham	1	M	12	
65	Andrew Battley	16.13	Potter Heigham	1	M	44	
66	Batley King	16.13	Sutton Bridge	1	M	9	
67	Lexie Johns	16.17	Aylsham	1	F	7	
68	Andy Johns	16.17	Aylsham	1	M	32	
69	Connie Battley	16.20	Potter Heigham	1	F	12	

70	Violet Fisher	16.20	Stamford Striders	1	F	5
71	Jack Fisher	16.20	Stamford Striders	1	M	7
74	Andrea Barber	17.23	Sheffield	1	F	46
77	Charlie Anderson	17.51	Wetherby	1	M	4
78	Emma Anderson	17.57	Wetherby	1	F	37
80	Peter Brecknock	17.57	Wetherby	1	M	67
81	Tina Brecknock	17.57	Wetherby	1	F	61
82	Simon Church	17.57	Stowmarket	1	M	31
83	Jack Church	17.57	Stowmarket	1	M	7
85	Stacey Burton	18.01	Cromer	1	F	4
86	Shelley Burton	18.01	Cromer	1	F	46
87	Caroline Porter	18.01	Cambridge	1	F	37

Position	Name	Time	From/Club	2 Lap	M/F	Age	
72	Ethan Davies	16.56	North Norfolk Harriers	2	M	16	1 st Male 2 Lap
73	Jacob Stares	17.02	North Norfolk Harriers	2	M	16	
75	Jamie Stares	17.31	North Norfolk Harriers	2	M	16	
76	Kane Waldron	17.33	Sidestrand	2	M	21	
79	Roman Watson Quilter	17.57	Beacon Hill Striders	2	M	14	
84	Henry Jonas	17.51	North Norfolk Harriers	2	M	12	
88	Julie Cant	18.17	Milton Keynes	2	F	55	1st Female 2 Lap
89	Lucca Watson Quilter	18.19	Beacon Hill Striders	2	M	14	
90	Peter Harding	18.25	Haywards Heath	2	M	45	
91	Luke Randall	18.33	Southend Running Club	2	M	13	
92	Giles Sowerby	18.41	Witham Runners	2	M	37	
93	William Bamber	18.41	Bawdeswell	2	M	32	
94	Brad Keay	18.47	North Norfolk Harriers	2	M	12	
95	Henry Baker	19.04	North Norfolk Harriers	2	M	12	
96	James Allison	19.31	St Albans Running Club	2	M	14	
97	Jack England	19.45	Cambridge	2	M	16	
98	Christine Lathwell	19.52	Stopsley Striders	2	F	41	
99	Robbie Birtwell	19.56	NNBR	2	M	22	
100	Tom Marcus	20.25	Leicester	2	M	16	
101	Mark Holroyd	20.32	Aldborough	2	M	50	
102	Steve Rivers	20.34	Sheffield	2	M	48	
103	Matt Ranwall	20.39	Southend Running Club	2	M	42	
104	Paul Goodrum	20.43	Norwich	2	M	38	
105	George Barber	20.44	Sheffield	2	M	16	
106	Tom Kopelman	20.56	London	2	M	27	
107	Kevin Jonas	21.04	East Runton	2	M	49	
108	Chris Baldwin	21.17	Cromer	2	M	32	
109	Ben Pearse	21.22	Roughton	2	M	14	
110	Zak Last	21.31	North Norfolk Harriers	2	M	11	
111	Sam Grout	21.43	Cromer	2	M	30	
112	Luke Chilvert	21.46	Southend	2	M	36	
113	Steven Roe	21.58	NNBR	2	M	51	
114	Daryl Harris	22.13	Sheffield	2	M	51	
115	Paul Durrant	22.15	Longdale Striders	2	M	45	
116	Tom Davies	22.23	North Walsham	2	M	25	
117	Marie Clark	22.44	Longdale Striders	2	F	44	
118	Sonya White	23.11	Coltishall Jaguars	2	F	42	
119	Jonathan English	23.23	Leicester	2	M	47	
120	Simon Nicholson	23.24	Potters Bar	2	M	49	
121	David Cocks	23.27	Norwich	2	M	26	
122	Dave Cooper	23.41	Thorpe Market	2	M	43	
123	Jim Withers	23.42	Newmarket Joggers	2	M	62	
124	Steve Higgs	24.18	Holt	2	M	63	
125	Will Chandler	24.27	Overstrand	2	M	55	
126	Alex Durrant	24.31	Norwich	2	M	15	
127	Oliver Durrant	24.37	Longdale Striders	2	M	9	
128	Hadley Connor	24.38	Cromer	2	M	41	
129	Harry Nobbs	24.58	Cromer	2	M	25	
130	David Hicks	25.09	Bury Pacers	2	M	48	
131	Andy Dobson	25.15	Cromer	2	M	65	
132	Simon Kimmins	25.29	Wingerworth Wobblers	2	M	56	
133	Carl Purnell	25.38	Ipswich	2	M	55	
134	Peter Kopelman	25.39	London	2	M	66	
135	Neil Thornton	25.41	Wakefield	2	M	47	
136	Georgie England	25.48	Cambridge	2		14	
137	Archie Battley	26.24	Potter Heigham	2	M	14	

138	Kate Kopelman	26.31	Leicester	2	F	30
139	Joanna Durrant	26.55	Longdale Striders	2	F	39
140	Paul Barber	27.01	Sheffield	2	M	48
141	Matt Thain	27.05	Canvey Island	2	M	33
142	Euan Davies	27.08	Cambridge	2	M	47
143	Ralph Burtonshaw	27.09	Canvey Island	2	M	66
144	Vicky Last	27.21	NNBR	2	F	22
145	C Lan	27.25	Sheringham	2	M	12
146	Sarah Allison	27.28	Weybourne	2	F	21
147	Adrian Fisher	27.29	Stamford Striders	2	M	43
148	Lindsay Robertson	28.01	Potters Bar	2	F	35
149	Rosemary Teckoe	28.31	Milton Keynes	2	F	29
150	Paul Cant	28.33	Milton Keynes	2	M	58
151	Alice McFarlane	28.45	Cambridge	2	F	15
152	Jack Cocks	28.51	Norwich	2	M	17
153	Jodie Rhymes	30.46	Cromer	2	F	26
154	Paul Rhymes	30.46	Cromer	2	M	30
155	Nikki Thain	32.10	Canvey Island	2	F	40
156	Barry Richardson	32.27		2	M	39